



PRE AND POST SPRAY TAN INSTRUCTIONS

PRE-TAN INSTRUCTIONS

- Do all waxing and shaving 24 hours prior to spray tans in order to reduce sensitivity.
- Exfoliate your skin the night before your session to remove dead skin cells and pay extra attention to elbows, knees, feet, and hands.
- Manicures, pedicures, massages, and facials need to be done prior to your spray tan.

POST-TAN INSTRUCTIONS

- Do not shower, go swimming, or workout for 8-12 hours while your tan is developing (unless it's a Rapid Tan).
- When it's time for your first shower, rinse only! Soap and shampoos can lessen the quality of your tan.
- Do not exfoliate your skin during the first 7 days of your spray tan. The spray tanning solution is in the first layer of your skin and if you slough off those skin cells you will lose the beautiful color of your spray tan.
- Moisturize! To get the most out of your spray tan moisturize your skin daily. Dry, flaky skin will shed faster and the tan will fade sooner.

Questions?

435.300.0099 | info@SmartSunSprayTan.com